

In Depth: School Breakfast

Small Step, Big Impact

THE URGENCY

Breakfast supports health and academic achievement as well as school connectedness among students.



Almost **25%** of U.S. children are food insecure, up from 14% since COVID.



62% of students do not eat a daily breakfast.

THE OPPORTUNITY

New school breakfast options increase school breakfast participation, especially Grab and Go Breakfast and Breakfast in the Classroom.

Creative ways to provide dairy, fruits and vegetables and whole grains make school breakfast more interesting and accessible.